

M.A.C Cosmetics Mineralize Foundation, \$40, maccosmetics.com. "I love it," says Garland.



M.A.C Cosmetics Lipstick in Ruby Woo, \$18, maccosmetics.com. Garland applies red lipstick using a thick concealer brush to get a "3-D, velvet-like" look.

Five Minutes With LEGENDARY MAKEUP ARTIST VAL GARLAND

Val Garland does not follow rules. "There is no such thing as wrong or right," says the avant-garde makeup artist. Whether she's working her magic on the catwalks of Vivienne Westwood or Alexander McQueen, or creating iconic looks for eccentric songstress Lady Gaga, she's always colouring outside the lines (both literally and figuratively). We caught up with Garland backstage at the New York City Master Class for M.A.C Cosmetics to uncover her top beauty tricks. – *Kate Daley*

What's your go-to makeup look? "Red lips and black eyeliner always look amazing. If you don't want to do that, just apply mascara and pair it with beautiful skin."

What are some of the makeup looks that age women? "Too much powder, too much product and too much concealer under the eyes are things to avoid. You also don't really want concealer right underneath your eyes. Apply it on the orbital bone so the light bounces up."

What are some makeup tricks women can use to look their youngest? "Hydration makes you look younger. After you've finished your makeup, pat moisturizer on your face with your fingertips to let the makeup breathe. I only powder the T-zone because I want that lovely sheen on the bone."

What unexpected items are in your makeup kit? "Alcohol wipes, tea bags for under my eyes (and to make a cup of tea), a product from Paris called Make Up Mixer, and a magnifying glass to be able to really see the makeup before it's retouched."



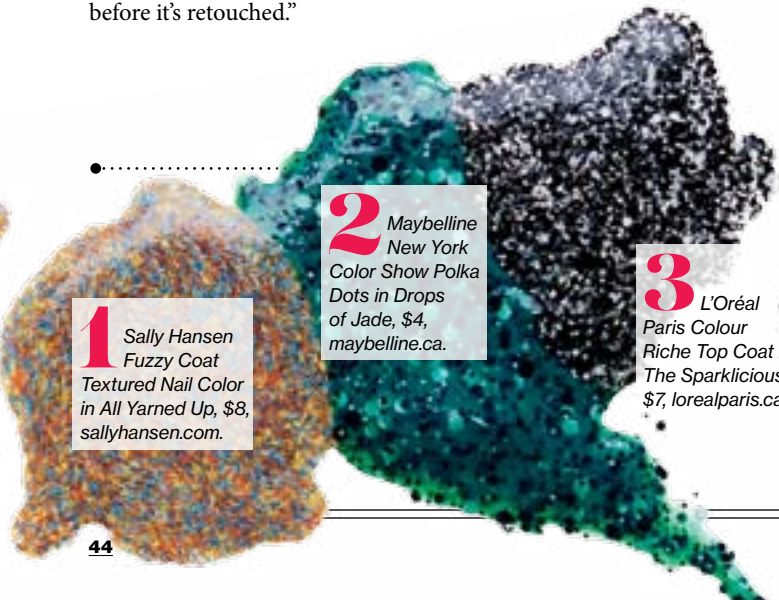
#TRENDING CLOTH MASKS

Asian beauty trends continue to hit it big in North America. First we adopted the nail-art craze (from Japan), then BB creams (from South Korea) and now cloth masks are finally on the verge of going mainstream – yippee! Serum-soaked fabric masks aren't the newest beauty innovation, but they've been flying under the radar for years in Canada. On first glance, it's hard to deny the mask's resemblance to a certain fictional hockey-masked serial killer. But this thing works! The sheet is highly effective at getting skin to absorb a therapeutic dose of what it needs in about 15 minutes. After using it, your complexion will look dewier, more radiant and a whole lot healthier. Plus, it does wonders for skin that's parched after a flight. – *Julia McEwen*

Best for Anti-Aging: 3Lab Perfect Mask, pack of five, \$132, murale.ca.

Best for Brightening: Decléor Aroma White C Intense Brightening Mask, pack of five, \$55, thebay.com.

Best for Hydrating: Garnier Skin Renew Dark Spot Treatment Mask, pack of six, \$20, garnier.ca.



1 Sally Hansen Fuzzy Coat Textured Nail Color in All Yarned Up, \$8, sallyhansen.com.

2 Maybelline New York Color Show Polka Dots in Drops of Jade, \$4, maybelline.ca.

3 L'Oréal Paris Colour Riche Top Coat in The Sparklicious, \$7, lorealparis.ca.

BOTTLE SERVICE

While watercolour nails and multitoned tips may take the sartorial backseat this September, nail art – we assure you – is by no means out of style. Luckily for us, ambidexterity is not a prerequisite to get this season's look. Single-swipe nail polishes dominate stores this fall, replete with texturized particles, glitter of all shapes and sizes, and, in many cases, opaque coverage. When it comes to creating a killer mani in a matter of minutes, nail art in a bottle is impossible to beat. Pinkie swear! – *Sarah Feldman*

PHOTOGRAPHY: NATASHA V. (TOP RIGHT AND BOTTOM)